

INTENT

At Marwood Primary School, the principal aim of PSHE is to allow pupils to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life past education. In line with the Education Act 2002 we cover the three core themes of PSHE, Health and Well Being, Relationships and Living in the Wider World.

At Marwood Primary School, we believe that Relationship and Sex Education (RSE) is an integral part of a child's education. RSE is about understanding the importance of family life, stable and loving relationships and respect for others, love and care. Providing children with this understanding is vital to help them develop positive relationships both in and out of school. Educating children about their bodies empowers them to understand the changes their body goes through as they grow and gives them confidence to be able to talk about their bodies. We take care to ensure there is no stigmatism of any child based on their home circumstances and we do not use RSE as means of promoting any form of sexual orientation. We clearly communicate the content of the RSE lessons to parents.

At Marwood, it is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. We offer a nurturing environment where each child can let their light shine and develop a passion for learning. All children are guided to develop their full potential and their achievements and successes are celebrated and rewarded. As a school, we believe that children are all individuals and therefore, we aim to encourage mutual respect; celebrating and accepting difference in our school community and beyond, responsibility and foster self-esteem in a happy and caring atmosphere.

IMPLEMENTATION

Our children acquire knowledge, understanding and the skills they need to manage their lives now and in their futures. They develop the qualities and attributes children need to thrive as individuals, family members and members of society and the global community.

Through taught PHSE and RSE lessons, children are given opportunities to explore and challenge a range of the diverse beliefs, values and attitudes that individuals and societies hold. Children are taught to develop themselves, their understanding of the world, and their ability to communicate their feelings as well as to take responsibility for their actions. The RSE lessons are clearly mapped to follow the National Curriculum for science and DfE Statutory Guidance on Relationships Education, Relationship and Sex Education and Health Education

The RSE curriculum covers the following areas:

- Family and friendship
- Growing and Caring for Ourselves
- Differences
- Valuing differences and keeping safe
- Growing Up
- Puberty
- Puberty, relationships and reproduction

Children at Marwood also acquire an understanding and experiences of British values that are necessary if they are to make sense of their experiences, value themselves, respect other, appreciate differences and feel

confident and informed as a British citizen. The children support the community through spreading words of kindness, singing for the local pensioners and raising money for charity.

The teaching and learning of PSHE and RSE at Marwood uses the SCARF programme as a support for resources and activities.

IMPACT

At Marwood Primary we seek to ensure that the PSHE that we teach, improves the physical, mental and social well-being of pupils. Through our PSHE education, we believe we can enhance children's education and help them to become caring, respectful, aspirational and confident individuals.

Children will be confident to talk about their bodies, using correct terminology. They will be confident to talk about the changes their bodies go through as they grow and have a clear idea about positive and healthy relationships (including online relationships). The progressive scheme gradually builds up children's knowledge and vocabulary, so that by the end of Year 6, children will have a clear understanding about the effects and purpose of puberty and reproduction (conception and pregnancy). The majority of progress will be assessed through class based discussion. Some evidence of RSE will be recorded in PSHE and the children's science books.

PSHE IN EYFS

PSHE sits within the areas of **Personal, social and emotional development** and **Understanding of the world**. From an early age, the children at Marwood learn to develop respectful communication and they are aware of the feelings and wishes of others. From Nursery age the children participate in weekly social circle times. The children are encouraged to listen, be kind to each other and share with others. We use the SEAL programme as our overarching themes for each half term whilst also addressing the needs of the children as they occur and ensuring good links to our termly topics. The continuous provision is planned to provide the children with the opportunity to further develop the skills that they have learned from focused sessions and then practise using these independently. The youngest learners in the school are exposed to and participate in upholding British Values.

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