

Marwood School Intent, Implementation & Impact Statement for Physical Education (PE)

Intent

Marwood Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children at Marwood, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.

Implementation

- PE at Marwood Primary School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.
- Pupils participate in at least two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities. After school sport clubs are available three evenings per week.
- Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Each year a small group of Class 4 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs and any other sporting activities.
- Children in Year 3 and 4 swim once a week for 6 weeks during the Autumn Term
- We have adopted and fully integrated the “Daily Mile”, to help meet the government target of all children being active for at least 60 minutes a day.

Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

EYFS

In the EYFS PE is encompassed through ‘Physical Development’. At Marwood children are provided opportunities during lessons and active playtimes to build their gross motor skills ensuring that they can move safely with balance, coordination and strength whilst moving energetically. We encourage children during the EYFS to build their confidence, resilience and perseverance when facing a challenge including wider opportunities to represent our school and compete in sports festivals within the Braunton Learning Community. Through sport our children develop positive relationships by playing co-operatively and taking turns. Our annual sports day allows EYFS children to develop team building skills and build relationships within our wider school community. We also recognise the importance and impact of PE in our children being able to manage themselves in getting dressed, their own basic hygiene and through discussing the effects that physical activity has on their bodies. Dance and gymnastic activities allow children to be expressive and imaginative through creating and performing songs, stories, rhymes and poems and when appropriate moving in time with music.

Leadership and Management

To develop staff confidence and competence in teaching physical education:

- The subject leader will attend Braunton Learning Community PLT meetings to collaborate with other PE leaders in the local community.
- The subject leader will monitor standards achieved throughout the year by completing termly learning walks.
- Whole school training needs will be identified as a result of the monitoring and evaluation programme and through professional conversations with Marwood staff.
- Other training needs will be identified through induction programmes and appraisal.

- The subject leader will arrange for relevant advice and information from courses to be disseminated and where appropriate is included in improvement planning and turned into practice;
- Where necessary, the subject leader leads (or arranges) school based training;

Health and Safety

The following guidelines should be referred to by all teachers when planning their PE curriculum:

- Safety Practice in Swimming (2018) Further information and support materials available at <http://www.swimming.org/schools> (Swim England)
- Safe Practice in Physical Education (2020 AfPE);
- Safety in Outdoor Education (LA)
- Marwood School Policy for the Management of Outdoor Education, Visits and Off-Site Activities Policy (2016) with risk assessment for PE visits assessed using Evolve.
- Schools Coronavirus (COVID-19) Operational Guidance (2021) - [GOV.UK \(www.gov.uk\)](https://www.gov.uk)

(Copies of the above documents relevant to this establishment are located in the subject leader's file in the staff room.)

Safety aspects should be discussed with the pupils prior to activities. Pupils should be taught how to improve their own abilities to assess risks.

First aid equipment must be available, and all staff should know what action to take, including calling for assistance in the event of an accident. Inhalers for pupils suffering from asthma must be readily accessible.

Regular checks should be made on all equipment. Any items constituting a danger should be taken out of use immediately.

All large items of equipment are inspected annually by an independent safety expert under a contract set up by Devon Purchasing.

Pupils should be taught how to move and use apparatus safely under the supervision of a teacher or responsible adult.

Pupils should be made aware of safe practice when undertaking any activity, (e.g. not lifting Unihoc stick, not jumping or running in front of others, etc.).

Pupils should understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery and other body piercing.

Good class control, appropriate routines and the use of recognised procedures to teach skills are fundamental to safety.

Reviewed by L. Hume June 2021